

LEARNING OBJECTIVES

After completing the program, the student should have a better understanding of the difference between negative and positive peer pressure. Learn to realize where the sources of pressures of life come from and how to cope with them. Discover how to avoid peer pressure and how to take ownership over decisions made.

DISCUSSION TOPICS/QUESTIONS

1. How we are persuaded by outside influences.
2. The different forms of peer pressure.
3. How can you avoid and resist peer pressure?
4. What are some of the affects of peer pressure?
5. Resolving conflicts.
6. How to negotiate and listen to a peer.
7. How to make your own judgments and decisions.
8. How to control emotions.
9. What are some common pressures in life?
10. How can you cope with those pressures?

INTENDED AUDIENCE

This program is designed for use with a general school audience, grades 7 - 12.

PRESENTING THE PROGRAM

To prepare a lesson plan for the presentation of each program, review the suggested outline below:

1. Before students view the program: Collect as many recommended books as possible to help generate class interest and participation. Preview each program and become familiar with the concepts that are presented in it.
2. Students view the program: The first viewing, if possible should be uninterrupted.
3. After the first viewing: Elicit discussion of what the students have seen and heard. The next viewing will be enriched by this general discussion.
4. Second viewing: The program may be viewed again, this time with attention to detail. The teacher should feel free to stop and question students regarding: a. what is happening in a visual; b. major concepts.
5. Post activities and discussion: Discussion questions for this program may be used to stimulate further interest, reinforce concepts and evaluate student comprehension.

Other Titles This Series

L901 Overcoming Prejudice & Discrimination Through Multi-Culturalism
L902 The Greatness Of Africa
L903 The Splendor Of Ancient Egypt
L904 African Contributions To U.S. History
L905 African Influences On Early Europe
L906 Africans Shaping The U.S. West
L907 The Great Native American Civilizations
L908 Self-Esteem For Native American Students
L909 Native American History
L910 The Great Civilizations Of South And Central America
L911 Latino Influence On The United States
L910 Latino Influence On The United States
L912 Self-Esteem For Latino Students
L913 The History Of Mexico
L914 Raising Self-Esteem For African-American Students
L915 Drug And Alcohol Awareness
L916 Finding The Right Part-Time Job For You
L917 The Multi-Cultural History Of The United States
 Part One: Pre-History Through 1699
L918 The Multi-Cultural History Of The United States
 Part Two: 1700 Through 1849
L919 The Multi-Cultural History Of The United States
 Part Three: 1850 Through Present
L920 Healthy Lifestyles: A Guide For Living
L921 The Founding Fathers Of The United States
L922 Survival Tips For Teens From Dysfunctional Families
L923 The Truth About Slavery In History
L924 Overcoming Intolerance In A Multi-cultural Classroom
L925 Basic Skills: The Key To Getting Hired
L926 Self-Esteem And Your First Job
L927 Money Management
L928 Your First Job Interview
L929 The Student Guide To The Multi-cultural Classroom
L930 Planning Your Career
L931 Your First Resumé
L932 The Multi-cultural World You're About To Enter
L933 Getting And Keeping Your First Job
L934 U.S. Immigrants: A Multi-Cultural Journey
L935 Resisting Peer Pressure
L936 AIDS: The Teen Guide To Living
L937 Gangs: The Tough Decision To Stay Out
L938 Native American Influence On The U.S.

RESISTING PEER PRESSURE

TEACHER'S GUIDE

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INTRODUCTION

This program explores the issues and concerns surrounding peer pressure. It will offer tips and suggestions to the student on how to avoid and resist peer pressure. The program is designed to provide a background for further research and more advanced study.



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